**Using the ABC Observation Form**

The ABC Observation Form is helpful in gathering information on a specific behaviour for a Functional Behavioural Assessment.

In the section under “Antecedent Events,” think about what happened immediately prior to the individual displaying the behaviour. Jot down brief notes to help you recall what happened.

In the section under “Behaviour” write down objectively what the behavior displayed was and the duration of the behavior exhibited.

In the section under “Consequent Events,” write down what you thought the possible consequence was from the behaviour. Make some brief notes to help you remember what form the consequence took.

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| Participant Name |  |
| Start Date |  |
| End Date |  |
| Observer Name |  |
| Observer Email  (for this data to be sent to you) |  |

|  |  |
| --- | --- |
| Antecedent Events  (Describe what happened immediately prior to the behaviour.) |  |
| Behaviour  (Describe what the individual did in objective, observable terms.) |  |
| Consequent Events  (Describe what happened immediately following the behaviour.) |  |

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| Does anyone else need to receive a copy? | Yes/No |
| Email Address |  |