

NDIS Participant Plan

- A participant's plan is the document which outlines a person's goals, information about their current life, approved funding categories, individual NDIA number and plan start and finish dates.
- Plans dated before July 2016 look quite different and can be for 2 years and funding can be used from one category to pay another.
- Plans post July 2016 are for 12 months only and funding is only flexible within each category; what you don't use can bank up within that year but expires at the end of the plan year – don't use it, may not get it again without solid proof.

Support categories and explanations - what the funding can be used for:

- Core: Personal care, domestic assistance, yard maintenance, cooking/meal preparation.
- Capital: Assistive technology such as ipads/programs and wheelchairs, home modifications such as ramps and rails, consumables such as continence products and pressure garments.
- Capacity building: Coordination of supports, mentoring, travel training, therapies – outcome focused.